

Person Specification – Wellbeing Mentor (Bromford)

	Essential unless stated
<ul style="list-style-type: none"> • Education & qualifications 	<ul style="list-style-type: none"> • Relevant qualifications in Health and Social Care or similar related field • Numeracy and literacy to GCSE level, NVQ2 or equivalent
<ul style="list-style-type: none"> • Knowledge and Experience 	<ul style="list-style-type: none"> • Minimum of one year working with vulnerable adults • Knowledge of psychologically informed practises • Proven experience of providing support to people with complex and mental health needs • Planning, delivering and evaluating sessions and activities for vulnerable adults and encouraging their participation in the development of services • Understanding of confidentiality, data protection and information sharing. • Knowledge of psychosocial interventions and holistic approach as well as 5 ways to wellbeing • Experience of the voluntary and community sector either in paid or unpaid capacity. • Knowledge and understanding of legislation relating to vulnerable adults (desired) • Working knowledge of adult safeguarding and child protection • Understanding and awareness of services within South Glos (desired) • Working in partnership with other agencies (desired) • Understanding of health and Safety legislation, policies, and procedures in relation to planning interventions for families. (Desired)
<ul style="list-style-type: none"> • Job Related Skills 	<ul style="list-style-type: none"> • Ability to work in partnership with other agencies • Good verbal and written communication skills • Ability to work within a community asset based framework • Ability to organise and manage own caseload and to use IT systems effectively • Capacity to work non judgementally and with empathy. • Excellent listening skills • Ability to use database systems, IT systems and internet • Ability to self care and demonstrate resilience



<ul style="list-style-type: none">• Personal Skills & values	<ul style="list-style-type: none">• Ability to engage positively with difficult and avoidant vulnerable adults• Ability to empower vulnerable adults to make positive choices• Ability to challenge discrimination on any grounds and commitment to anti-discriminatory practice
<ul style="list-style-type: none">• Working conditions	<ul style="list-style-type: none">• Access to own transport and business insurance if using own vehicle• Support for organisation events• Work during evenings and weekends if required

Last updated: July 2023

Date of next review: July 2024