

## Person Specification – Social Prescribing Link Worker – Southmead Hospital

	Essential unless stated
Education & qualifications	<ul> <li>Knowledge of and experience in client-working techniques such as motivational interviewing and active listening. This includes strength-based, trauma-aware and person-centred approaches.</li> </ul>
Knowledge and Experience	<ul> <li>At least 2 years' experience working with people with health and social needs, or community-based work.</li> <li>Partnership working - building relationships with, colleagues, stakeholders, and other organisations.</li> <li>Using motivational interviewing and strengths-based approach.</li> <li>An understanding of risk assessment and risk management.</li> <li>Understanding of safeguarding issues.</li> <li>Ability to understand complex client needs and use a 'brokerage' approach to meet these needs.</li> <li>Ability to work within a target-driven and time- limited system, dealing with issues pragmatically and through brief interventions.</li> <li>Good understanding of health issues and the wider determinants of health and wellbeing</li> <li>Knowledge of brief interventions, behaviour change, motivational change.</li> <li>Experience of using databases to record client actions and interventions. (Desired)</li> <li>Experience of working in a hospital or similar setting. (Desired)</li> <li>Knowledge of social prescribing. (Desired)</li> </ul>
Job Related Skills	<ul> <li>Pro-active and confident communicator with excellent inter-personal and communication skills (verbal and written).</li> <li>Competent IT skills including Virtual platforms, Microsoft Word, Excel and Outlook.</li> <li>Ability to work effectively as a supportive team player as well as use own initiative.</li> <li>Ability to monitor and evaluate work undertaken.</li> <li>Ability to manage own workload, identifying priorities for yourself, colleagues and the service.</li> <li>Have a creative and flexible approach to work.</li> </ul>
Personal Skills & values Working conditions	<ul> <li>Genuine passion, empathy, and desire to support clients to lead healthier and happier lives.</li> <li>Ability to work in a busy hospital environment, both in office and on wards.</li> </ul>



Last updated: August 2023

Date of next review: August 2024