

**Person Specification – Wellbeing Group Facilitator**

	<b>Essential unless stated</b>
<b>Education &amp; qualifications</b>	<ul style="list-style-type: none"> <li>• Relevant qualifications in health, social care or similar related field</li> <li>• Numeracy and literacy to GCSE level, NVQ2 or equivalent</li> <li>• Knowledge of and experience in client-working techniques such as motivational interviewing and active listening. This includes strength-based, trauma-aware and person-centred approaches.</li> </ul>
<b>Knowledge and Experience</b>	<ul style="list-style-type: none"> <li>• At least 2 years' experience working with people with health and social needs, or community-based work.</li> <li>• Partnership working - building relationships with colleagues, stakeholders, and other organisations.</li> <li>• Planning, delivering and evaluating sessions and activities for adults and encouraging their participation</li> <li>• Understanding of confidentiality, data protection and information sharing.</li> <li>• Knowledge of solution-focussed working and using motivational interviewing and strengths-based approach</li> <li>• Understanding a holistic approach to wellbeing and health</li> <li>• Experience of running or participating in peer support groups.</li> <li>• Experience of the voluntary and community sector either in paid or unpaid capacity.</li> <li>• Working knowledge of adult safeguarding</li> <li>• An understanding of risk assessment and risk management.</li> <li>• Ability to understand complex client needs</li> <li>• Ability to signpost to other services</li> <li>• Understanding and awareness of services within South Glos (desired)</li> <li>• Working in partnership with other agencies (desired)</li> <li>• Understanding of Health and Safety legislation, policies, and procedures in relation to planning activities. (Desired)</li> <li>• Good understanding of health issues and the wider determinants of health and wellbeing</li> <li>• Knowledge of brief interventions, behaviour change, motivational change.</li> <li>• Experience of using databases to record client actions and interventions. (Desired)</li> </ul>
<b>Job Related Skills</b>	<ul style="list-style-type: none"> <li>• Good verbal and written communication skills</li> <li>• Ability to work within a community asset-based framework</li> </ul>

	<ul style="list-style-type: none"> <li>• Ability to manage own workload, identifying priorities for yourself, colleagues and the service.</li> <li>• Capacity to work non judgementally and with empathy.</li> <li>• Excellent listening skills</li> <li>• Ability to self-care and demonstrate resilience</li> <li>• Pro-active and confident communicator with excellent inter-personal and communication skills (verbal and written).</li> <li>• Competent IT skills including Virtual platforms, Microsoft Word, Excel and Outlook.</li> <li>• Ability to use database systems, IT systems and internet</li> <li>• Ability to work effectively as a supportive team player as well as use own initiative.</li> <li>• Ability to work in partnership with other agencies</li> <li>• Ability to monitor and evaluate work undertaken.</li> <li>• Have a creative and flexible approach to work.</li> </ul>
<b>Personal Skills &amp; values</b>	<ul style="list-style-type: none"> <li>• Genuine passion, empathy, and desire to support clients to lead healthier and happier lives in a non-judgemental way</li> </ul>
<b>Working conditions</b>	<ul style="list-style-type: none"> <li>• Access to own transport and business insurance if using own vehicle</li> <li>• Ability to be adaptable and respond effectively to changes in plans</li> </ul>

**Last updated:** January 2024

**Date of next review:** January 2025